

Ministry of Long-Term Care

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October 5, 2020

MEMORANDUM TO: Long-Term Care Home Stakeholders

FROM: Sheila Bristo
Assistant Deputy Minister
Long-Term Care Operations Division
Ministry of Long-Term Care

SUBJECT: Visits to Long-Term Care Homes

As the province experiences a surge in cases of COVID-19, we are making every effort to continue to protect residents, staff and visitors in long-term care homes.

Requirements for visits to long-term care homes continue to be established in Directive #3 issued by the Chief Medical Officer of Health.

Today, the Ministry of Long-Term Care (Ministry) is releasing an updated COVID-19 Visiting Policy (policy), effective October 7, 2020, to provide guidance for homes located in an area that has been identified as having higher community spread of COVID-19.

Changes have been made to the types and number of visitors permitted to visit the home. As a reminder, a caregiver is a type of essential visitor who is designated by the resident and/or their substitute decision-maker and is visiting to provide direct care to the resident (e.g. supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity and assistance in decision-making).

Specifically, the policy indicates that, subject to direction from the local public health unit:

1. Where the area has **not** been identified as having higher community spread and the home is **not** in an outbreak:
 - A maximum of 2 caregivers per resident may visit at a time.
 - A maximum of 2 general visitors per resident may visit at a time.

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2. Where the area **has** been identified as having higher community spread or the home **is** in an outbreak:
 - A maximum of 1 caregiver per resident may visit at a time (subject to direction from the local public health unit).
 - No general visitors are permitted to visit.
3. If a resident is self-isolating or symptomatic:
 - A maximum of 1 caregiver may visit that resident at a time.
 - No general visitors are permitted to visit that resident.

The City of Ottawa, the City of Toronto and the Region of Peel have been identified as communities with higher community spread of COVID-19, until further notice. General visitors are not permitted to visit long-term care homes in these communities effective October 7, 2020. Essential visitors, including caregivers, are the only type of visitors who may visit long-term care homes in these communities.

The Ministry will issue an update on any changes to the list of communities that are identified as areas with higher community spread.

All visitors to the home continue to be required to follow public health measures (e.g., active screening, physical distancing, hand hygiene, masking for source control) for the duration of their visit in the home. Caregivers must also attest to having a negative COVID-19 test within the previous fourteen days, without a subsequent positive test.

Homes are reminded that they should be providing training to caregivers to address how to safely provide direct care, including putting on and taking off required PPE, and hand hygiene. The frequency of retraining should be indicated in the home's visitor policy.

Homes must ask caregivers and general visitors to verbally attest that they have read/re-read the home's visitor policy on a monthly basis. The home's visitor policy should include education about physical distancing, respiratory etiquette, hand hygiene, IPAC practices and proper use of PPE. The home's visitor policy should also include guidance from Public Health Ontario pertaining to putting on and taking off PPE and hand washing.

The Visiting Policy continues to balance the need to protect against the risk of COVID-19, and support residents in receiving the care they need, including maintaining their physical and emotional well-being.

We are also reviewing feedback received from the sector on the current policy for residents leaving the home's property for a short stay absence or temporary absence as outlined in Directive #3. We are working with the Chief Medical Officer of Health and

exploring options to address the feedback received. As a reminder, homes must provide residents leaving on a short stay absence with a medical mask (if tolerated). Homes should also remind residents about the importance of public health measures including physical distancing.

Thank you for your continued support as we work together to address the COVID-19 pandemic.

(original signed by)

Sheila Bristo
Assistant Deputy Minister
Ministry of Long-Term Care

c:

Richard Steele, Deputy Minister, Ministry of Long-Term Care
Janet Hope, Assistant Deputy Minister, Long-Term Care Policy Division
Brian Pollard, Assistant Deputy Minister, Long-Term Care Capital Development

Attachments:
COVID-19 Visiting Policy

Appendix

List of homes located in an area that has been identified as having higher community spread of COVID-19.

| City of Ottawa |
|--------------------------------------------------|
| Facility Name |
| Carleton Lodge |
| Carlingview Manor |
| Centre d'Accueil Champlain |
| Extendicare Laurier Manor |
| Extendicare Medex |
| Extendicare New Orchard Lodge |
| Extendicare Starwood |
| Extendicare West End Villa |
| Forest Hill |
| Garden Terrace |
| Garry J. Armstrong Home |
| Glebe Centre |
| Granite Ridge Care Community |
| Hillel Lodge (The Bess and Moe Greenberg Family) |
| Longfields Manor |
| Madonna Care Community |
| Manoir Marochel |
| Montfort |
| Peter D. Clark Centre |
| Residence Saint-Louis |
| Royal Ottawa Place |
| Sarsfield Colonial Home |
| St. Patrick's Home |
| The Perley and Rideau Veterans' Health Centre |
| The Salvation Army Ottawa Grace Manor |
| Township of Osgoode Care Centre |
| Villa Marconi |
| Élisabeth-Bruyère Residence |

| Region of Peel |
|---------------------------------------------|
| Facility Name |
| Burton Manor |
| Camilla Care Community |
| Cawthra Gardens |
| Chartwell Wenleigh Long Term Care Residence |
| Cooksville Care Centre |
| Erin Mills Lodge Nursing Home |
| Extendicare Brampton |
| Extendicare Mississauga |
| Faith Manor Nursing Home |
| Grace Manor |
| Hawthorn Woods Care Community |
| King Nursing Home |
| Malton Village Long Term Care Centre |
| Maple Grove Care Community |
| Mississauga Long Term Care Facility |
| Peel Manor |
| Sheridan Villa |
| Silverthorn Care Community |
| Streetsville Care Community |
| Tall Pines Long Term Care Centre |
| The Village of Erin Meadows |
| The Village of Sandalwood Park |
| Tullamore Care Community |
| Tyndall Nursing Home |
| Vera M. Davis Community Care Centre |
| Villa Forum |
| Woodhall Park Care Community |
| Yee Hong Centre - Mississauga |

| City of Toronto |
|------------------------------------------------|
| Facility Name |
| Altamont Care Community |
| Apotex The Jewish Home for the Aged |
| Belmont House |
| Belmont House LTCH |
| Bendale Acres |
| Carefree Lodge |
| Castleview Wychwood Towers |
| Cedarvale Terrace |
| Chartwell Gibson Long Term Care Residence |
| Chartwell Trilogy Long Term Care Residence |
| Chartwell Westbury Long Term Care Residence |
| Chartwell White Eagle Long Term Care Residence |
| Cheltenham Care Community |
| Chester Village |
| Copernicus Lodge |
| Craiglee Nursing Home |
| Cummer Lodge |
| Deerwood Creek Care Community |
| Dom Lipa |
| Downsview Long Term Care Centre |
| Eatonville Care Centre |
| Ehatore Nursing Home |
| Elm Grove Living Centre |
| Extendicare Bayview |
| Extendicare Guildwood |
| Extendicare Rouge Valley |
| Extendicare Scarborough |
| Fairview Nursing Home |
| Fieldstone Commons Care Community |
| Fosterbrooke |
| Fountain View Care Community |
| Fudger House |
| Garden Court Nursing Home |
| Harmony Hills Care Community |
| Harold and Grace Baker Centre |
| Hawthorne Place Care Centre |
| Hellenic Care for Seniors (Toronto) |
| Hellenic Home - Scarborough |
| Humber Valley Terrace |
| Ina Grafton Gage Home |
| Isabel and Arthur Meighen Manor |

| City of Toronto |
|----------------------------------------------|
| Facility Name |
| Ivan Franko Home (Etobicoke) |
| Kennedy Lodge |
| Kipling Acres |
| Labdara Lithuanian Nursing Home |
| Lakeshore Lodge |
| Lakeside Long Term Care Centre |
| Main Street Terrace |
| Maynard Nursing Home |
| McCall Centre Long Term Care Interim Unit |
| Midland Gardens Care Community |
| Mon Sheong Home for the Aged |
| Mon Sheong Scarborough Long Term Care Centre |
| Nisbet Lodge |
| Norfinch Care Community |
| North Park Nursing Home |
| Norwood Nursing Home |
| Providence Healthcare |
| Rockcliffe Care Community |
| Rose of Sharon Korean Long Term Care |
| Seniors' Health Centre |
| Seven Oaks |
| Shepherd Lodge |
| Sherbourne Place |
| St. Clair O'Connor Community Nursing Home |
| St. George Care Community |
| Suomi-Koti Toronto Nursing Home |
| Tendercare Living Centre |
| The Heritage Nursing Home |
| The Kensington Gardens |
| The O'Neill Centre |
| The Village of Humber Heights |
| The Wexford |
| Thompson House |
| Tony Stacey Centre for Veterans' Care |
| True Davidson Acres |
| Ukrainian Canadian Care Centre |
| Valleyview Residence |
| Vermont Square |
| Villa Colombo Homes for the Aged |
| Wellesley Central Place |
| Wesburn Manor |

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|----------------------------------------|
| City of Toronto |
| Facility Name |
| West Park Long Term Care Centre |
| Weston Terrace Care Community |
| Westside |
| Yee Hong Centre - Scarborough Finch |
| Yee Hong Centre - Scarborough McNicoll |