



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10:00 Hymn Sing - S & T 2:00 Balloon Toss - T & S 3:00 Pet Visits - S 3:30 Pet Visits - R 6:00 Inspirational Songs - A	10:00 Movement to Music - S 10:00 Group Exercise - R 11:00 Pastoral Visits - VL 2:00 Friendly Visits - T 4:00 Knitting - J 6:00 Friendly Visits - R	10:00 Group Exercise - D 10:15 Pray the Rosary - Ch 2:00 Bingo - VH 3:30 Knitting - T 3:45 Video Call - S 4:00 Friendly Visits - R 6:00 Discussion Group - S	10:00 Colouring - S 10:00 Group Exercise - J 11:00 Tuck Shop Visits - T 12:00 BBQ at the Balcony - T 2:00 Hands On Exotic - VH 4:00 Friendly Visits - A 6:00 Discussion Group - E	10:00 Group Exercise - T 11:00 Friendly Visits - T & S 2:00 JAVA Music Club - S 4:00 Friendly Visits - VL 6:00 Drum Circle - A	9:45 Video Call - T & S 10:00 Active Games - S 10:00 Group Exercise - E 2:00 Making Music - T 2:00 Pastoral Visits - VL 6:15 Movie Night Social - VH	2:00 Kick Off Senior's Month: Erin & Ice Cream - VH 6:00 1:1 Balloon Toss - T 7:00 Friendly Visits - S
8	9	10	11	12	13	14
10:00 Hymn Sing - A 10:30 Hymn Sing - E 2:00 Bingo - VH 3:00 Friendly Visits - J	10:00 Movement to Music - T 10:00 Group Exercise - A 11:00 Pastoral Visits - VL 2:00 Friendly Visits - S 2:00 Food Committee - Ch 4:00 Friendly Visits - E 6:00 Word Games - A	10:00 Group Exercise - D 10:15 Pray the Rosary - Ch 2:00 Bingo - S 2:00 Bingo - VH 3:30 Knitting - T 6:00 Discussion Group - S	10:00 Colouring - T 10:00 Group Exercise - J 11:00 Tuck Shop Visits - S 2:00 Concerts in Care - VH 4:00 Friendly Visits - A 6:00 Discussion Group - E	10:00 Group Exercise - S 10:30 Church Service - VH 11:00 Friendly Visits - T & S 1:30 Trip to the Mall - VL 4:00 Friendly Visits - VL	9:45 Video Call - T & S 10:00 Group Exercise - E 1:30 Men's Group - R 2:00 Dance Time - S 2:00 Pastoral Visits - VL 6:15 Horse Racing - VH	10:00 Scrapbooking - T 11:00 Baroque Band Practice 11:30 Video Call - S 2:00 Bingo - S & T 3:00 Movement to Music - E
15	16	17	18	19	20	21
Father's Day 10:00 Hymn Sing - T & S 2:00 Father's Day: Emilio - VH 6:00 Inspirational Songs - E	10:00 Movement to Music - S 10:00 Group Exercise - R 11:00 Pastoral Visits - VL 2:00 Friendly Visits - T 2:00 Church Service - Ch 2:30 Friendly Visits - S 4:00 Knitting - J 6:00 Friendly Visits - R	10:00 Group Exercise - D 10:30 Pittsburgh's Choir - VH 2:00 National Indigenous Performance - G 3:30 Knitting - T 3:45 Video Call - S 4:00 Friendly Visits - R 6:00 Discussion Group - S	10:00 Colouring - S 10:00 Group Exercise - J 11:00 Tuck Shop Visits - T 12:00 BBQ in the Garden - G 2:00 Bingo - VH 4:00 Friendly Visits - A 6:00 Discussion Group - E	10:00 Group Exercise - T 10:30 Resident's Council - Ch 11:00 Friendly Visits - T & S 2:00 JAVA Music Club - S 4:00 Friendly Visits - VL 4:00 Knitting - J 6:00 Rhythm Band - E	National Long-Term Care Day 9:45 Video Call - T & S 10:00 Active Games - S 10:00 Group Exercise - E 2:00 Making Music - T 2:00 Pastoral Visits - VL 6:15 Pub Night with Jack - VH	National Indigenous Peoples Day 2:00 Bingo - VH 6:00 1:1 Balloon Toss - S 7:00 Friendly Visits - T
22	23	24	25	26	27	28
10:00 Hymn Sing - A 10:30 Hymn Sing - E 2:00 Birthday Party: John - VH 3:00 Friendly Visits - J	10:00 Movement to Music - T 10:00 Group Exercise - A 11:00 Pastoral Visits - VL 2:00 Bingo - S 2:00 Bingo - VH 4:00 Friendly Visits - E 6:00 Word Games - A	10:00 Bloom and Groom - T & S 10:00 Group Exercise - D 2:00 Bingo - S 2:00 Pride Walk - G Residents, Families, and Staff Welcome 3:30 Knitting - T 6:00 Discussion Group - S	10:00 Colouring - T 10:00 Group Exercise - J 11:00 Tuck Shop Visits - S 2:00 Music with Deidrey - T & S 4:00 Friendly Visits - A 6:00 Discussion Group - E	10:00 Group Exercise - S 10:30 Catholic Mass - CH 11:00 Friendly Visits - T & S 11:30 1:1 Catholic Communion 1:30 Trip to Rosetta Park - VL 2:00 Obie Sensory Program - T 4:00 Friendly Visits - VL	Multiculturalism Day 9:45 Video Call - T & S 10:00 Group Exercise - E 10:00 Music with Madge - S 1:30 Men's Group - R 2:00 Dance Time - S 2:00 Pastoral Visits - VL 5:00 Dinner Club: Greek - VL	10:00 Scrapbooking - T 11:30 Video Call - S 2:00 Bingo - S & T 2:00 Karaoke - R Movement to Music - A
29	30					
10:00 Hymn Sing - S & T 2:00 Balloon Toss - T & S 6:00 Inspirational Songs - A	10:00 Movement to Music - S 10:00 Group Exercise - R 11:00 Pastoral Visits - VL 2:00 Friendly Visits - T 2:00 Dance with Me - VH 4:00 Knitting - J 6:00 Friendly Visits - R				Highlights this Month: National Indigenous History Month Pride Month Seniors' Month	Programs may change due to unforeseen circumstances an/or weather. Thank you for your understanding.