

The Village Voice

SECOND EDITION

DID YOU KNOW:

- We have a resident choir that meets regularly each month
- We have over 130 registered volunteers
- Snowball the cat is 14 years old

DATES TO REMEMBER:

- **Jan 8** Elvis Birthday Party
- **Jan 25** Robbie Burns Day
- **Feb 5** Chinese New Year
- **Feb 14** Valentine's Day Social
- **Feb 18** Family Day

"The New year is a good time to try and learn something New!"

Ted Lamb, Ruby Resident



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Program Highlight: *Snoezelen Room*

Just under ten years ago Chester Village invested in a multi-sensory room. Located within the Diamond home area, the Snoezelen Room is a space filled with lighting effects, shapes, textures, soft music and colours. The room is designed specifically to help with physical and mental health, increase attention span, memory and relaxation, a decrease in negative behaviours, and an overall increase in the quality of life.

From bubble tubes to calming oceans sounds and from

comfortable seating to animal slide shows, the room offers a variety of items to engage and grab the attention of others.

As one resident remarked: "I thoroughly enjoying spending

10 minutes in the room to take my mind to a relaxing place".

This coming year, we are looking to increase the use of the room by inviting all residents of Chester Village to have the opportunity to experience and reap the benefits of this program. We encourage you to look at your calendars where a scheduled time for each home area will be arranged.

If you are interested in any further information, please ask a member of the Activation staff.



Residents enjoying a relaxing moment in the Snoezelen Room

Resident Feature: *Felicidad "Ellie" Escudero*

Upon entering the Diamond home area you are often greeted with a, "Hello, my friend! How have you been?" Although there are many happy smiles coming from this home area, Ellie Escudero makes it a priority to make all those that enter feel welcome. Born and raised in The Philippines, being the second eldest in a family of 7 children, Ellie has approached life with the goal to "treat others how you would want them to treat

you". Her family often speaks of times when Ellie would give up all she had for a person if she felt they needed it. Working for the Philippines airlines allowed for Ellie to meet a variety of people, and to learn a variety of different languages. Being almost fluent in Japanese, she was able to secure a position with the Canadian Ministry of Defense when she moved to Canada. When she wasn't working, travelling or hosting people in her home, she enjoyed skiing and gardening.

Here at Chester Village, Ellie loves dancing and encourages others to join her. Her gentle approach and kind heart allows her to continue on within the home, caring for others and making them smile!



What's Coming Up...



Holiday Season at Chester Village

Happy New Year!

Thank you to all that came out and participated in the many festive activities over the past few months. The tree trimming event was a great start to the holiday season! The night was filled with Christmas cheer and the opportunity to spend time with family and friends. From all the Christmas parties and activities, the feeling of peace and joy was present throughout Chester Village.

This year of 2019 looks to bring exciting new activities as well as tried and true traditions. In January, we will be recognizing Orthodox Christmas, celebrating Elvis's "84th" birthday, and enjoying some shortbread and tea at our Robbie Burns Day social.

In February, although it is our shortest month of the year, we will offer a variety of different events. Chinese New Year, has us

celebrating the year of the Pig, which is said to bring chances for wealth and success. Valentine's Day and Family Day will offer great entertainment in our Village Hall. At the end of February, we will be hosting a Japanese themed event that you will not want to miss!

Please be sure to refer to the calendar and postings for further details.

Volunteer Corner

Volunteers wear a variety of hats at Chester Village. Many of them help at meal times and are able to escort residents to appointments. If you are interested in the help of one of our many friendly volunteers or wish to become a volunteer yourself, please contact Andrea Macina, Volunteer Coordinator at the main desk.

Resident Council

Coming out to a meeting allows you to meet with friends and work together to keep Chester Village a great place to live in. This year we will be looking to increase our membership and would love to have you attend.

Hope to see you there,
Ellen Little (Council Member)

Check your calendar for dates and times

"Coming to Resident Council gives the feeling of belonging"

-Joyce



All Residents are invited to attend the monthly birthday parties. Please check your calendar for dates and times!

Birthday Celebrations!

JANUARY

Yao Wing Law
Kurt Land
Man-Yee Dulmage
Bill Kalo
Ellen Little
Gary Cottenden
Maureen Won
Mary Wynne-Roberts
Kenneth Lyon
Adrian Taylor
Suet Hing Wong
Rafaella Scala

Gillian Fishman

FEBRUARY

Gayle Hickling
Maurice Gauthier
Anastasia Hil
Christina Coe
Abida Mandoza
Gladys Rushforth
Margaret Blackmore
John Cheron
MonaHughes
Roland Henderson

Hing Ki,m Sam
Conchita Racho
Kathleen Northcott
Sarah Bingham
Allan Thomson

